



Together, we can

Jesus said, 'Love one another as I have loved you' (John, 13)



Our Physical Education Policy

INTENT

PE is at the heart of our outdoor learning, and we believe that all children should have the opportunity to:

- Achieve their full potential in PE and school sport
- Receive high-quality PE and sports teaching
- Engage in exciting and challenging that encourage active, healthy lifestyles.

Horsley is an all-inclusive school where events and competitions push, challenge and excite every child. We are part of a long-established sports network, School Sports Games and Atlas Games, which organises many sporting opportunities. They allow us to compete against local schools in a variety of sports. In addition, intra-school competitions prepare children to take part and fulfil their potential.

At Horsley C of E Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. Our PE programme aims to develop children's essential physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods
- Engage in competitive sports and activities
- Lead healthy, active lives
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities

- Build self-esteem, confidence and resilience
- Provide all pupils with access to the lesson

Children at Horsley are actively celebrated by providing a rich and diverse curriculum. All pupils are given a minimum of two hours of designated PE every week. We want children to continue this active lifestyle into adult life and develop a life-long culture of exercise and staying healthy.

- Develop pupils' academic, social and physical ability
- Encourage good behaviour and respect amongst pupils
- Promote teamwork and cooperation amongst pupils
- All pupils with access to the lesson
- Develop pupils' academic, social and physical ability
- Encourage good behaviour and respect amongst pupils
- Promote teamwork and cooperation amongst pupils
- Meet the requirements of the national curriculum
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities
- Build self-esteem, confidence and resilience

IMPLEMENTATION

Reception begin their formal PE sessions after an initial transitional period. Children then start their early learning goals through discrete lessons and continuous provision. Gross and fine motor skills are developed through outside play, forest school and specific physical focused sessions.

At Horsley, children have at least two hours of quality PE sessions a week. In a PE session, you will see:

- Consistency in routines including an introduction and warm-up, skill development and plenary
- Collaboration and opportunity for partner discussion
- Opportunities for children to work independently and as part of a team
- Opportunity for children to perform and feedback
- Subject-specific vocabulary that builds on previous learning/year groups
- Progression in equipment used with year groups
- Variation in rules, space and skills based on the child's needs

Our programme of study includes:

Key Stage 1	Key Stage 2
<ul style="list-style-type: none"> • Gymnastics Movements • Basic Movement and Team Games • Dance 	<ul style="list-style-type: none"> • Athletics • Competitive Games • Gymnastics • Dance • Outdoor Adventurous Activities (including Forest School)

We have specialist teachers and instructors that support physical education within our curriculum. All teachers receive training and opportunity to keep developing their subject knowledge, skills, and understanding to support curriculum development throughout the school.

We have an extensive physical after-school provision to create confident and healthy children. Additional school programmes and initiatives run alongside lessons to further develop areas of sport such as 'The Weekly Mile'.

IMPACT

Our curriculum is designed so that children are taught a variety of activities throughout their key stage, and there is a progressive journey through all of these. Each area of PE also has a progression ladder which shows the progression from EYFS to Year 6. In addition, children can participate in extra-curricular activities and demonstrate their new skills in intra and inter-sports competitions. There is also an opportunity for all to participate in a sports day in the summer term.

The needs of all our children

No child is left behind, and we aim to deliver high-quality lessons to all children by adapting and evolving our teaching to create an inclusive curriculum.

We use a holistic approach to move children forward as well as formative and summative assessments that inform our future teaching and learning.

We want all children to succeed, and we ensure all children will become confident within the different strands of PE and show resilience when tackling new skills. We design all lessons so that children access all outcomes.

How can I change		Examples
Space	Where the activity is taking place	Increasing or decreasing the activity space can alter the difficulty of the task
Task	What we are doing	Ensure that everyone has the opportunity to participate. Break the activity down into smaller chunks and offer one to one support where possible
Equipment	What we are using	Provide a range of inclusive equipment to ensure that everyone has the opportunity to participate. A participant who struggles with catching may need to begin with a larger ball
People	Who is involved	Match participants of similar ability. It may be necessary for one team to have extra players to facilitate inclusion

This assessment process is used to inform parents of their child's progress and attainment across the year through Parent's Evening Meetings and their annual report.